

A Complete Guide To 50 Proven Ways To
Improve Your Marriage

How To Fix Your Marriage without using a hammer

FREE
Redeemable
"Love" Coupons
Inside



Dr. Mikel Brown

GPUBLISHING
COMPANY

EL PASO, TEXAS

How to Fix Your Marriage

Without Using a Hammer



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El Paso, TX 79925

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All scripture references are from the King James Verison of the Bible unless otherwise noted.

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DEDICATION



This book is dedicated to my lovely wife, who has been my inspiration and dream come true. To my children whom I love with all my heart...you are my motivation. I cannot forget the many people that have allowed themselves to become my laboratory to develop and test ideas for helping to better their marriage. Keep growing!

SPECIAL THANKS



My heartfelt thanks and deepest appreciation to the following spiritual sons and daughters, and friends whose financial seeds have enabled the consummation of this project. I Love You!

Nicole Almeida
Charles & Talisha Bennett
Brian & Cindy Harris
Joshua & Shavon Boyd
The Harris Family
DeAndra & Melissa Hawkins
Victor Jackson
Savaslas & Tracey Lofton

PREFACE



Marriage is definitely a labor of love and sometimes, more precisely, just plain hard work. However, the more work you put into your marriage the more joy you will receive out of it. So often couples point the finger of blame at their spouse as if he or she is solely responsible for the state of decay in the marriage. Not only is this unfair but it is also highly unlikely. Let's just keep it real, no one is all that! You both are a work in progress, flawed and imperfect. Can two flawed and imperfect people make a marriage work? Yes, absolutely, and without a doubt!

The release of this book is so timely. We live in a society that is so self-oriented. The “it's all about me” attitude is totally destructive to the very foundation of humanity which is marriage and family... What about US? The very concept of marriage implies it cannot possibly be an individual thing but it must be a partnership. Oh, now that is a refreshing thought! Many things are key to a successful partnership; communication, compromise, commitment, loyalty, reciprocity, clearly defined goals and plans, etc. Do not expect more from your spouse than you are willing to give. That is not a realistic or appropriate expectation. However, it is realistic for you and your spouse to agree on and honor the

.....

terms of the partnership. It requires that you be decisive and choose to do what is necessary to make your marriage a success. You must make your marriage your top priority.

Whether your marriage needs a tune up or a complete overhaul, this book will provide the information, as well as the inspiration, to achieve your happily ever after. Dr. Mikel Brown, who by the way is my pastor, my husband, and my very best friend, deals with the subject of fixing your marriage in such a practical, matter of fact, and easy to understand manner that despite the condition of your relationship, it can be repaired. Read with a heart of expectation, be willing to do your part, apply the principles provided, and you will discover your labor of love will become more love than labor.

Debra A. Brown

CHAPTER ONE



What's In A Marriage

*Falling in love is easy;
staying in love is laborious.*
-- Mikel Brown

CHAPTER THIRTEEN



Redeemable Love Coupons

*Love should not be earned nor solicited,
but rather freely given and received.*
-- **Mikel Brown**



Redeemable Love Coupons

This chapter is more like a prudent admonishment to those who review this book. Every reader is encouraged to practice the marriage principles in this book on a continual basis. Do not be so quick to give up in your efforts to make your marriage better when things are not going according to plan. But continue working to improve yourself so that you can offer to your spouse the best you that you can be. If you are not yet married, please do not enter into the marriage covenant unadvisedly. Love is a wonderful thing, but it is difficult to detect its authenticity.

The redeemable Love Coupons offered in this chapter are not to be redeemed on an earned or merit basis. Your spouse should not have to feel as though they must work to earn special treatment from you of any kind, but that you should be willing to share the best of you. These coupons should be redeemed on selected days and it should be discretionary. Free days for redeeming your Love Coupons on weekdays should also be taken in consideration so that your weekends are not always scheduled but impromptu. These Love Coupons are designed to increase fun and

↑ **Understanding How To Love Your Spouse**

excitement into your relationship; Ready, Get Set, Go!

Disclaimer: Redeem your Love Coupons at your own risk. Pregnancy has been known to occur unexpectedly.



Cut Here

This love coupon redeemable for

Pillow fight!

(...followed by a little pillow talk!)



Cut Here

This love coupon redeemable for



A \$150 purchase

(...no questions asked.)



Cut Here



This love coupon redeemable for

An Evening of Wild, Abandoned, Passionate !



Cut Here

This love coupon redeemable for



Body Massage

(...with or WITHOUT our clothes)



Cut Here



Cut Here

Please Cut Out & Present To
Your Spouse to Redeem



Cut Here

Please Cut Out & Present To
Your Spouse to Redeem



Cut Here

Please Cut Out & Present To
Your Spouse to Redeem



Cut Here

Please Cut Out & Present To
Your Spouse to Redeem



Cut Here



Cut Here

This love coupon is redeemable for



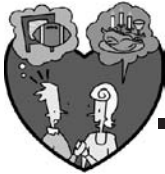
Uninterrupted conversation

...you listen ONLY



Cut Here

This love coupon is redeemable for



Dinner - Just the 2 of US!

at my favorite restaurant... _____



Cut Here

This love coupon is redeemable for



One BIG wet kiss



or two or three or ...



Cut Here

This love coupon is redeemable for

Uninterrupted

Sporting Event Watching



...with the fellas and snacks!



Cut Here



Cut Here

Please Cut Out & Present To
Your Spouse to Redeem



Cut Here

Please Cut Out & Present To
Your Spouse to Redeem



Cut Here

Please Cut Out & Present To
Your Spouse to Redeem



Cut Here

Please Cut Out & Present To
Your Spouse to Redeem



Cut Here



This love coupon is redeemable for

Romantic Evening

(...ALONE without the kids!)



This love coupon is redeemable for



A Day of House Chores

(... yours and MINE!)



This love coupon is redeemable for



You cook my favorite meal



This love coupon is redeemable for

Get Out of the Dog House



FREE CARD

(...ONE Night Only!)



Please Cut Out & Present To
Your Spouse to Redeem



Please Cut Out & Present To
Your Spouse to Redeem



Please Cut Out & Present To
Your Spouse to Redeem



Please Cut Out & Present To
Your Spouse to Redeem



This love coupon is redeemable for

GIRLS Night Out

(...ONE Night Only!)



This love coupon is redeemable for



One Evening of NO TELEVISION “just talk”

(...after the children are in bed)



This love coupon is redeemable for

FELLAS' Night Out

(...ONE Night Only!)



This love coupon is redeemable for

Full Control Over The Remote Control



(...ONE Night Only!)



Cut Here

Please Cut Out & Present To
Your Spouse to Redeem



Cut Here

Please Cut Out & Present To
Your Spouse to Redeem



Cut Here

Please Cut Out & Present To
Your Spouse to Redeem



Cut Here

Please Cut Out & Present To
Your Spouse to Redeem



Cut Here

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“Quotes” for Marital Bliss

.....

CHAPTER 1

Falling in love is easy;
standing in love is laborious.

- Nations, whose families are fragmented,
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Love your wife like you love yourself; give your life for her and thus have no life remaining for yourself.....160

CHAPTER 13

Love should not be earned nor solicited, but rather freely given and received.

ABOUT THE AUTHOR



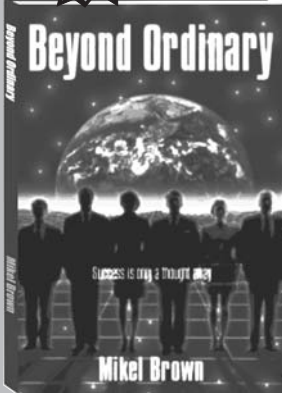
Dr. Mikel Brown is an author, businessman, and religious leader who resides in El Paso, Texas, with his wife and two children. He is a Licensed Clinical Professional Counselor and Ordained Minister with over 25 years of experience. He has helped people from rocky marriages to rocketing careers. Dr. Brown's "*Just the 2 of Us Marriage Seminars*" is the most requested of all his covered subjects and they are unforgettable. He is considered a real down-to-earth speaker who has the ability to make you laugh at yourself and yet serious enough to make you change.

Dr. Brown has helped many people achieve success in marriage, business or just overcoming bad habits. He is the President and CEO of CJC Enterprises and owner and CEO of Power Communications Network, through which he conducts seminars and special events. His much sought after style of communicating and humor has made him a favorite for business conclaves and church conventions.

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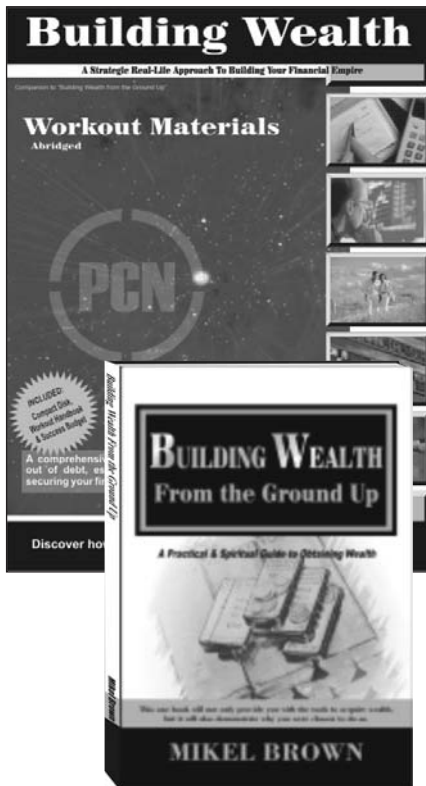
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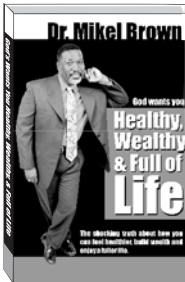
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